



# Kairali

The Ayurvedic Healing Village

PALAKKAD · KERALA · INDIA

## Daily Admission Tariff

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The per-night inpatient rate for a stay at the hospital without a named treatment programme: villa, all meals, one Ayurvedic herbal oil massage per person, one physician consultation per day and one yoga and meditation session.

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### HOW THE TARIFF IS ORGANISED

There is one rate per villa category, charged **per night, per villa, by occupancy**. It is an inpatient admission rate on an all-inclusive basis (APAI): accommodation, all meals and the daily treatment components are one figure. Room-only, bed-and-breakfast or meals-only rates are not offered. Programme and villa names in this booklet are links to [ayurvedichealingvillage.com](https://ayurvedichealingvillage.com).



AYURVEDIC TREATMENT IN A HISTORIC ENGRAVING

### ACCREDITATION AND RECOGNITION

NABH-accredited hospital. TripAdvisor Travellers' Choice Award 2026. National Geographic Traveller (UK) Spa & Wellness Collection 2026. PATWA International Travel Award 2026 (ITB Berlin): Best Retreat Wellness (India). Haute Grandeur Global Excellence Awards 2026: Best Wellness Retreat India and Best Ayurveda Retreat India. [All awards online](#) ›

# Kerala, Palakkad and the healing village

Kerala is a state on the south-west coast of India. **Palakkad** is an inland district, set in a gap in the Western Ghats, and is farming country: paddy, coconut and forest rather than beach.

Kairali — The Ayurvedic Healing Village stands at Kodumbu, outside Palakkad town. Patients stay in individual brick villas among lawns, palms and a water channel. Treatment blocks, consulting rooms, pharmacy and kitchen are on the same site.

The village is run by the Kairali Ayurvedic Group — in Ayurveda since 1908, five generations of physicians — and is accredited by NABH, India's National Accreditation Board for Hospitals and Healthcare Providers.

## GETTING HERE

Palakkad railway station 25 km · Coimbatore airport 75 km · Cochin or Calicut airport 125 km. Transfers are arranged on request; prices are in the programme booklets. [Route maps and directions](#) ›

## AYURVEDA, IN PLAIN LANGUAGE

Ayurveda is a traditional system of medicine originating in India. It reads illness as a loss of balance, and treats it in two movements: first clearing what has accumulated, then rebuilding strength.

A physician examines the patient, establishes their constitution, and prescribes a protocol for that individual. Therapies use warm medicated oils, herbal preparations and steam, and the prescription is reviewed daily.

This is why a stay has a **minimum duration**. The clearing stage cannot safely be shortened, and the rebuilding stage consolidates the treatment: three nights for a preventive assessment, seven for most restorative programmes, fourteen for Panchakarma and chronic conditions, twenty-one where recovery is the aim.



THE GROUNDS AT KODUMBU, PALAKKAD

Ayurveda at Kairali is practised as medicine, under physicians, with daily review. It is not a spa treatment and it is not presented as a cure. Programmes are named for the conditions they address, and outcomes are discussed in consultation.

# What daily admission includes

## BEFORE ARRIVAL

### Teleconsultation

A physician reviews the case and sets preparatory steps. Recent medical reports and a current medication list are requested at this stage.

## DAY ONE

### Admission

Examination on site, constitution established, and the protocol written for the stay. Check-in is from 12:00 noon.

## EACH DAY

### Treatment

One Ayurvedic herbal oil massage per person, one physician consultation, the prescribed vegetarian diet and one yoga and meditation session.

## ON LEAVING

### Discharge

A written plan for diet and daily routine to continue at home, and a follow-up consultation. Check-out is by 10:00.

## INCLUDED IN EVERY RATE

- The villa in the category booked
- Breakfast, lunch and dinner, vegetarian, to the dietary prescription
- One Ayurvedic herbal oil massage per person, each day
- One physician consultation per day
- One yoga and meditation session
- GST on the accommodation component, as set out in the rate schedule

## NOT INCLUDED

- Internal herbal medicines, laboratory tests and additional therapies, prescribed and billed separately
- Additional food beyond the prescribed meals
- Laundry, telephone, internet and transport
- Early check-in and late check-out, where granted

## SANSKRIT TERMS USED IN THIS BOOKLET

### APAI

American Plan All Inclusive — hotel shorthand for accommodation with all meals and the listed services; used here for an inpatient day rate.

### Abhyangam

The herbal oil massage included each day; a synchronised whole-body massage with warm medicated oil.

### Consultation

The physician's examination and advice that opens every stay and sets the prescription.



HERBAL POULTICES AND MEDICATED OILS

## IN BRIEF

One figure per night covers villa, meals, one Ayurvedic herbal oil massage per person, one physician consultation per day and one yoga and meditation session; the villa category changes the accommodation, not the care; medicines and tests are prescribed during the stay and billed separately.

# Accommodation categories

Kairali — The Ayurvedic Healing Village is an NABH-accredited hospital. On daily admission a patient is accommodated in a villa without a named treatment programme; the tariff is a single per-night rate that covers the villa, all meals, one Ayurvedic herbal oil massage per person, one physician consultation per day and one yoga and meditation session, with GST included. The villa category changes the accommodation, not the care. Four categories are published.



A PATIENT ROOM WITH DIRECT GARDEN ACCESS

## VILLA CATEGORIES

### Deluxe Villa

SINGLE OR DOUBLE OCCUPANCY

King or twin beds

### Classic Villa

SINGLE OR DOUBLE OCCUPANCY

King or twin beds

### Royal Villa

SINGLE OR DOUBLE OCCUPANCY

King or twin beds

### Maharaja Suite

SINGLE OR DOUBLE OCCUPANCY

Two suites, two layouts — Suite 1001: king bedroom with a separate living room · Suite 1002: king bedroom and twin bedroom · two bathrooms and two wardrobes in each

In every villa: attached bathroom with hairdryer, toiletries, bathrobe and towels · wardrobe · air conditioning · LED television · drinking water. [Villa photographs online ›](#)

The tariff on page 6 gives each group's per-night rate for all four categories, so a patient chooses the programme first and the villa second. Every villa is on the hospital grounds, within walking distance of the treatment blocks and consulting rooms.

# Daily admission tariff

Euro, per night, per villa  
Single or double occupancy · taxes included  
Effective 1 April 2025 to 30 September 2027

## Daily admission rate, all-inclusive basis

Per night, per villa. Single occupancy is one patient; double occupancy is two patients sharing the villa, each receiving the inclusions listed for the rate.

### HOW THE DAILY RATE IS MADE UP

The rate schedule records three components: the accommodation charge (with GST at 5%), the meals, and the treatment component (therapy, consultation, yoga and meditation, nursing). They are published as one all-inclusive figure and are not sold separately.

| VILLA TYPE     | SINGLE, PER NIGHT | DOUBLE, PER NIGHT |
|----------------|-------------------|-------------------|
| Deluxe Villa   | € 334             | € 629             |
| Classic Villa  | € 364             | € 656             |
| Royal Villa    | € 418             | € 705             |
| Maharaja Suite | € 668             | € 941             |

### EXTRA PERSON IN THE SAME VILLA, PER NIGHT

|                                     |                                                             |
|-------------------------------------|-------------------------------------------------------------|
| Extra bed                           | € 38                                                        |
| Meals (breakfast, lunch and dinner) | € 69                                                        |
| Daily treatment component           | Published in Indian Rupees only — ask the reservations team |

IN BRIEF

One figure per night covers villa, meals, one Ayurvedic herbal oil massage per person, one physician consultation per day and one yoga and meditation session; the villa category changes the accommodation, not the care; medicines and tests are prescribed during the stay and billed separately.

# Terms and conditions

## RATES AND TAXES

- Rates are quoted per night and are effective 1 April 2025 to 30 September 2027
- All government taxes are included in the published rates; rates may change periodically
- Optional services may carry additional charges: laundry, transport, private sessions, medicines and extra meals

## BOOKING AND PAYMENT

- A 40% deposit secures the booking; the balance is due no later than 30 days before admission
- Requests for a specific villa must be made at least six months in advance and are subject to availability; confirmation requires full payment
- Payment by bank transfer, local bank cheque, cash (Indian Rupees, Euro or US Dollars) or major credit card. Personal cheques are not accepted

## ADMISSION AND DISCHARGE

- Check-in from 12:00 noon; check-out by 10:00
- Early check-in and late check-out are available on request, subject to availability, and may carry a charge

## CANCELLATION

- More than 30 days before admission: full refund
- 15 to 30 days before admission: 50% of the amount paid is refunded, less applicable transaction fees and taxes
- Fewer than 15 days before admission, or a change of dates during the stay: no refund

## CHILDREN

- Under 5 years: complimentary
- 5 to 12 years: 50% of the meal charge; extra bed at the standard rate
- Over 12 years: full charge
- Parents or guardians must supervise children at all times. Parts of the facility are treatment areas and are not suitable for children

## DURING TREATMENT

- Strictly no smoking, no coffee, no alcohol and no substance use anywhere on the property
- A calm environment is maintained; patients are asked to keep noise low and respect others' privacy
- Hospital guidelines apply throughout the stay
- Bookings must be made by a person aged 18 or over; minors are admitted when accompanied by a parent or legal guardian

## QUALITY AND SAFETY

- NABH protocols are followed for patient care, safety and treatment standards



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ONLINE How to reach us · Villa photographs · Programmes · FAQs & downloads · WhatsApp

## ADDRESS

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Kerala, India

[Google Maps](#) ›

## RESERVATIONS

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