



The Ayurvedic Healing Village

PALAKKAD · KERALA · INDIA

Outpatient & Day Treatment Rates

Single Ayurvedic treatments, consultations and classes for patients attending by the day, without admission. Every treatment is given under the supervision of an Ayurvedic physician (BAMS, India).

Edition · English · Indian Rupees

Rates effective · from 1 October 2025

Ref. KTAHV/OPD/EN-INR/20260925-R1 · Issued 25 September 2026



How day treatment works

Kairali — The Ayurvedic Healing Village is an NABH-accredited Ayurvedic hospital at Kodumbu, Palakkad. Patients who live nearby, or who are staying elsewhere, may attend for single treatments by the day rather than being admitted to a residential programme.

Every course of day treatment begins with an **outpatient consultation**. An Ayurvedic physician (BAMS, India) examines the patient and writes a treatment plan; the treatments on the following pages are then given by trained therapists as that plan prescribes. Treatments are not booked directly from the list without a consultation.

The durations shown are the published treatment times.

TERMS YOU WILL MEET

Dhara

A continuous pour of warm medicated liquid — oil, buttermilk or milk — over the body or forehead.

Kizhi

A warm cloth bolus of herbs, rice, lemon or sand, pressed over the body.

Vasthi

Warm medicated oil held in a dough dam over a joint or the spine; also medicated enema.

Netra

The eye — Netra Dhara and Netra Tarpanam are eye treatments.



PULSE EXAMINATION (NADI PARIKSHA) AT THE OUTPATIENT CONSULTATION

GST AND THE TREATMENT PLAN

Under Government of India GST regulations, Ayurvedic treatment services administered by an NABH-accredited hospital as part of a plan prescribed by an Ayurvedic physician registered in India are exempt from GST. The rates in this list are therefore GST-exempt when taken as part of such a plan. Treatments taken without a consultation or prescribed plan may attract GST at the prevailing rate, currently 18%.

BEFORE YOU COME

Bring recent medical reports and a list of current medication for the consultation.

Outpatient day treatment rates

Indian Rupees, per treatment
Per treatment · under a physician's plan
Effective from 1 October 2025

NO.	TREATMENT	DURATION	RATE
1	Abhyangam (four-handed therapy)	45 min	₹ 4,400
2	Sirodhara (Thaila Dhara)	55 min	₹ 6,000
3	Takra Dhara	55 min	₹ 6,200
4	Dhanyamala Dhara	55 min	₹ 6,200
5	Pizhichil	55 min	₹ 5,600
6	Ela Kizhi	55 min	₹ 5,000
7	Manjal Kizhi	45 min	₹ 5,400
8	Kadi Kizhi	55 min	₹ 5,200
9	Naranga Kizhi	55 min	₹ 5,400
10	Manal Kizhi	50 min	₹ 5,000
11	Podi Kizhi	50 min	₹ 5,000
12	Navara Kizhi	45 min	₹ 5,600
13	Thalapothichil	45 min	₹ 5,300
14	Ksheera Dhoomam	30 min	₹ 3,200
15	Siro Vasthi	30 min	₹ 5,000
16	Uro Vasthi	45 min	₹ 4,700
17	Janu Vasthi	45 min	₹ 3,800
18	Greeva Vasthi	45 min	₹ 3,800
19	Kati Vasthi	45 min	₹ 3,800
20	Matra Vasthi	20 min	₹ 3,800
21	Kashaya Vasthi	20 min	₹ 5,000

Outpatient day treatment rates

Indian Rupees, per treatment
GST-exempt under a prescribed plan
Effective from 1 October 2025

NO.	TREATMENT	DURATION	RATE
22	Udhwarthanam (powder massage)	50 min	₹ 5,000
23	Udgharshanam (wet powder massage)	50 min	₹ 5,300
24	Nasyam	30 min	₹ 3,500
25	Pichu	30 min	₹ 3,800
26	Lepam	30 min	₹ 3,500
27	Thalam	30 min	₹ 3,500
28	Dhoopanam	10 min	₹ 2,200
29	Netra Dhara	30 min	₹ 3,500
30	Netra Tarpanam	30 min	₹ 3,800
31	Kseera Dhara	45 min	₹ 4,100
32	Kairali's Herbal Mukha-Abhyangam & Mukha-Lepam therapy	30 min	₹ 3,700
33	Kairali Fruit Mukha-Abhyangam & Mukha-Lepam therapy	30 min	₹ 3,700
34	Kairali's Navara Mukha-Abhyangam & Mukha-Lepam therapy	30 min	₹ 3,800
35	Kairali's Netra Upchar (Netra Dhara + Netra Tarpanam)	50 min	₹ 5,600
36	Kairali's Total Eye Care treatment	3 days · 120 min per day	₹ 15,000
37	Soothika Charya (post-natal care)	7 days · 120 min per day	₹ 40,000
38	Yoga session	60 min	₹ 4,000
39	Meditation session	60 min	₹ 4,000
40	OP consultation charge	—	₹ 2,000
41	Nursing charges	—	₹ 1,000

Items 36 and 37 are multi-day courses priced for the whole course. Items 40 and 41 are charged per visit.

Classes — yoga, meditation, cooking and Ayurveda

Indian Rupees, per session
Outpatient class rates
Effective from 1 October 2025

NO.	TREATMENT	MALAYALAM	DURATION	RATE
43	Practical yoga session	Prayogika Yoga Session	60 min	₹ 2,000
44	Theoretical yoga philosophy class	Yoga Tathwa Charcha	60 min	₹ 1,500
45	Practical meditation session	Prayogika Dhyaana Session	60 min	₹ 2,000
46	Theoretical meditation & mindfulness class	Dhyaanam & Manassamyamana Tathwam	60 min	₹ 1,500
47	Ayurvedic cooking demonstration (group)	Ayurvedha Paachaka Class (Group)	60 min	₹ 2,500
48	Ayurvedic diet & nutrition theory class	Aahaaram & Poshakathwa Tathwangaal	60 min	₹ 2,000
49	Herbal remedies & home formulation class	Herbal Aushadhangalum Veettuchadangukalum	60 min	₹ 2,000
50	Ayurveda for daily life (Dinacharya, Ritucharya)	Dinacharyayum Rithucharyayum	60 min	₹ 1,500

GST ON CLASSES

These are standalone outpatient class rates. Taken as part of an inpatient treatment plan prescribed by an Ayurvedic physician registered in India under NABH-accredited care, they are GST-exempt. Otherwise GST at 18% may apply to selected offerings such as cultural and lifestyle demonstrations.

MALAYALAM NAMES

Each class is listed with its Malayalam name as it appears on the hospital's own schedule, so that patients and local staff refer to the same session.

Attending for day treatment

CONSULTATION FIRST

- An outpatient consultation (item 40) precedes any treatment on this list
- The physician's plan sets the treatments, their order and their number of sittings
- Internal medicines prescribed at consultation are dispensed from the hospital pharmacy and charged separately

RATES AND TAXES

- Rates are in Indian Rupees and effective from 1 October 2025; they may change under government policy
- Treatments under a prescribed plan are GST-exempt; treatments without a plan may attract GST at 18%

ON THE DAY

- No smoking, coffee, alcohol or substance use anywhere on the property
- Hospital guidelines apply to all patients and visitors

GETTING HERE

Olassery P.O., Kodumbu, Palakkad District.
Palakkad railway station 25 km; Coimbatore airport 75 km; Cochin or Calicut airport 125 km.
Transfers can be arranged on request. [Open in Google Maps ›](#) · [Route maps and directions ›](#)
[Walk-in treatment online ›](#)



The Ayurvedic Healing Village

health through ayurveda ·
since 1908

ADDRESS

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